

# Junior | Senior Retreat Packing List

## What to bring:

- Sheets, blanket or sleeping bag and a pillow
- Bath towel and washcloth
- Personal hygiene items
- Bible, pen, notebook
- Casual clothes (shorts that are fingertip length)
- Athletic Clothes (closed toed shoes)
- Sunscreen and bug spray
- Water bottle
- Bible, Pen, Journal

## WHAT NOT TO BRING:

- Tight clothing
- "Short" shorts or skirts
- Sofie (cheerleading) Shorts, Spandex/athletic "tights"
- Tobacco, drugs, alcohol or weapons
- Fireworks
- Water balloons
- Clothing with inappropriate or questionable images, sayings, slogans, etc.
- Clothing that promotes alcohol, cigarettes or any inappropriate item